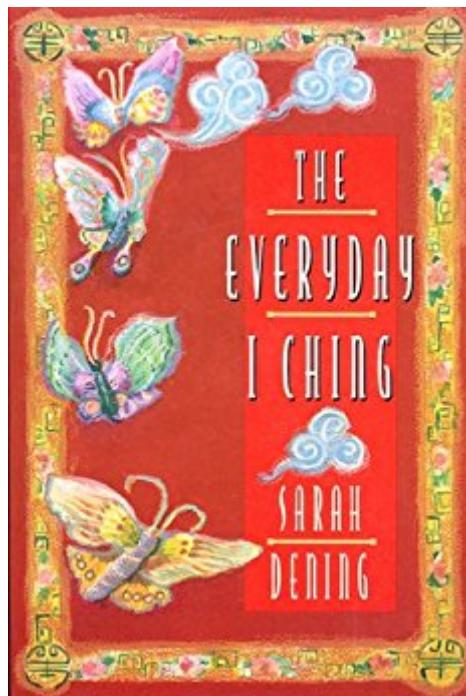


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# The Everyday I Ching



## **Synopsis**

Consulted by millions, the I Ching is one of the oldest and most widely used divination systems ever devised. Since ancient times it has provided its readers with insight into their own lives and guidance for the future. All too often, however, the available translations have blurred the basic message of the I Ching's hexagrams and obscured their relevance. Utilizing the knowledge gained from many years of using the I Ching in her practice, psychotherapist Sarah Dening provides, with this translation, a valuable resource not only for help with life's extraordinary passages but something that should be consulted daily as one would a trusted friend. Dening details how to use and read the I Ching's hexagrams and gives insight on how to relate the ancient wisdom of the I Ching's hexagrams to the trials and tribulations of everyday modern life. The Everyday I Ching fills the long-standing need for a clear, focused rendering of the I Ching—one which makes its timeless wisdom accessible to everyone.

## **Book Information**

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## **Customer Reviews**

Go ahead and buy the classic books on the I-Ching but be sure to buy this one too. It will unravel the inevitable confusion you will experience from all the other books. The I-Ching takes TIME to learn and is very deep and complex. Which most people don't have time for. I usually want an answer right away that I can understand. With the I-Ching, it's very open-ended so it's written almost like a riddle or a mystery and you're left scratching your head with no real comfort from asking your question. With this book, however, she lays it out that really defines the issues and where you are at in the whole thing like, at the beginning or middle or you are almost through and what is coming up next. It's pretty amazing. I read a classical text and then I read this text and while the two correspond, Dening, gives a more complete, comprehensible and meaningful interpretation by FAR. If you are getting only one book, and you are new to the I-Ching, make this the book you get. You won't be sorry. By reading this book, I am learning how to see what's going on in my life and how to get more out of the classic books I have on the I-Ching.

One of the top three favorite books I use out of the seven that I have, due to this book's practical grounded wording. The other two favorites I use are "the I Ching made Easy" by Roderic and Amy Sorrell, and "I Ching A New Interpretation For Modern Times" by Sam Reifler. I also just discovered a book by an author that was recently on "Coast to Coast a.m." whose name is Paul O'Brien called "The Visionary I Ching. A Book of Changes for Intuitive Decision Making". This man was kind enough to provide this book that you can upload free of charge!

Very special book. So helpful in making decisions. Highly recommend it.

"If you use the I Ching long enough and continually enough, it will begin to change and shape you as a person." -Philip K Dick I've been using this book for a few weeks and it's already proven itself worthwhile. Extremely helpful and modern descriptions of hexagrams.

This is one of the better books around on this fantastic treatise, the I Ching

with some interpretation

Great resource for I Ching readings.

This book gives a healthy and positive morning start and/ or end of the day with a positive sense of

being protected, guided and taken care by LIFE, thank you.

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